



# Immaculate Conception School

# January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Food Items Listed Below Are Offered Every Day</b>	<b>2</b> <b>Christmas Break</b>	<b>3</b> Walking Tacos *Lettuce *Tomato *Corn	<b>4</b> Chicken Parmesan *Pasta *Red Sauce *Salad *Garlic Bread	<b>5</b> Hamburger & Roll *French Fries *Cheese *Lettuce *Tomato	<b>6</b> Ham Or Turkey *Mashed Potatoes *Green Beans *Gravy *Stuffing	
	<b>School Is Not In Session</b>	Fruit Juice Offered	Fruit Offered	Fruit Juice Offered	Fruit Offered	
<b>8</b> Complete Student Meal \$2.25 Entree \$1.00	<b>9</b> Chicken Sandwich *Lettuce *Tomato *Cheese	<b>10</b> Taco Salad *Lettuce *Tomato *Corn	<b>11</b> Hot Turkey Sandwich *Mashed Potatoes *Broccoli	<b>12</b> Beef Stew *Biscuit	<b>13</b> Pizza Puffs Cheese Or Pepperoni *Salad	<b>14</b> Breakfast Items, Pasta, Breads, Rolls, Rice, Tortilla, Pizza, And Breaded Items Are Whole Grain Rich
<b>Alternatives Below</b>	Fruit Offered	Fruit Juice Offered	Fruit Offered	Fruit Juice Offered	Fruit Offered	
<b>15</b> Alternative A Breakfast Bar 1 Ounce Mozzarella Stick	<b>16</b> Doctor Martin Luther King Junior Day  <b>School Is Not In Session</b>	<b>17</b> Walking Tacos *Lettuce *Tomato *Corn	<b>18</b> Macaroni And Cheese *Pork Barbecue *Southern Greens	<b>19</b> Chili Or Chicken Noodle Soup *Corn Bread	<b>20</b> Waffles *Breakfast Sausage *Spinach Salad	<b>21</b> This Institution Is An Equal Employment Opportunity Provider
	<b>22</b> Alternative B PB&J Sandwich 1 Ounce Mozzarella Stick	<b>23</b> Salad Bar Day *Meats *Cheeses *Lettuce *Tomato *Dressings *Croutons	<b>24</b> Taco Salad *Lettuce *Tomato *Corn	<b>25</b> Grilled Cheese *Tomato Soup *Broccoli	<b>26</b> Beef R' Roni *Salad	
<b>29</b> Alternative C Assorted Cereal 1 Ounce Mozzarella Stick	<b>30</b> Grilled Chicken *Rice *Broccoli	<b>31</b> Walking Tacos *Lettuce *Tomato *Corn				<b>28</b> 
						<b>Alternatives</b> Alt-A: Breakfast Bar Alt B; Peanut Butter And Jelly Sandwich Meal Alt C: Cereal Meal
Cup Fruit \$.50 Vegetable \$.50 Grain \$.50 Protein \$1.00	This Institution Meets Or Exceeds NYSED And SFSP Standards For Nutrition	<b>Important Reminders:</b> *This Institution Is Not Allergen Free *Yogurt Meal Is No Longer Offered *Snacks Are Sold Monday, Wednesday, & Friday				