


# Immaculate Conception School

# September 2022

| Sunday  | Monday   | Tuesday  | Wednesday   | Thursday   | Friday   | Saturday   |
|---|--|--|---|--|--|--|
| <b>Food Items Listed Below Are Offered Every Day</b>                          | <b>Labor Day<br/>September 5th</b>   | <b>6</b> Hot Dogs<br>*Corn<br>*Assorted Fruit<br>*Hot Dog Roll   | <b>7</b> Chicken Patty Sandwich<br>*Lettuce<br>*Tomato            | <b>8</b> Beef r' Roni<br>*Tossed Salad                           | <b>9</b> Macaroni & Cheese<br>*Baked Beans<br>*Southern Greens       | <b>10 Immaculate Conception Fun Fair And Chicken Barbecue</b>  |
|   | <b>School Is Not In Session</b>  | Fruit Juice Offered  | Yogurt Meal Offered   | Fruit Juice Offered  | Yogurt Meal Offered  |  |
| <b>11 Complete Student Meal \$2.25 Entree \$1.00</b>                          | <b>12</b> Roast Chicken<br>*Tator Tots<br>*Green Beans<br>*Wheat Roll                | <b>13</b> Taco Salad<br>*Lettuce<br>*Tomato<br>*Corn   | <b>14</b> Turkey Sandwich<br>*French Fries<br>*Lettuce<br>*Tomato | <b>15</b> Pancakes And Waffles<br>*Spinach Salad<br>*Sausage     | <b>16</b> Grilled Cheese Sandwich<br>*Tomato Soup<br>*Salad          | <b>17 Breakfast, Pasta, Breads, Rolls, Rice, Tortilla, Pizza, And Breaded Items Are Whole Grain Rich</b> |
|   | Yogurt Meal Offered  | Fruit Juice Offered  | Yogurt Meal Offered   | Fruit Juice Offered  | Yogurt Meal Offered  |  |
| <b>18 Peanut And Jelly Sandwich With 1 Ounce Mozzarella Stick</b>             | <b>19</b> Chicken Barbecue<br>*Macaroni Salad<br>*Baked Beans                        | <b>20</b> Walking Tacos<br>*Lettuce<br>*Tomato<br>*Corn  | <b>21</b> Cheese Pizza<br>*Carrots<br>*Celery                     | <b>22</b> Breakfast Sandwich<br>*Hash Brown<br>*Roasted Tomatoes | <b>23</b> Cheeseburgers<br>*Lettuce<br>*Tomato<br>Cheese is Optional | <b>24</b>  |
|   | Yogurt Meal Offered  | Fruit Juice Offered  | Yogurt Meal Offered   | Fruit Juice Offered  | Yogurt Meal Offered  |  |
| <b>25 Whole Grain Cereal And Milk With 1 Ounce Mozzarella Stick</b>           | <b>26</b> Chicken Nuggets<br>*Carrots<br>*Celery<br>*Salad                           | <b>27</b> Taco Salad<br>*Lettuce<br>*Tomato<br>*Corn   | <b>28</b> Pork Barbecue<br>*Coleslaw<br>*Wheat Roll               | <b>29</b> Pancakes And Waffles<br>*Spinach Salad<br>*Sausage     | <b>30</b> Meatball Subs<br>*Italian Garbonzo Beans<br>*Salad         | <b>This Institution Is An Equal Employment Opportunity Provider</b>                                      |
|   | Yogurt Meal Offered  | Fruit Juice Offered  | Yogurt Meal Offered   | Fruit Juice Offered  | Yogurt Meal Offered  |  |
| <b>Dairy 1% White Milk Or 1% Chocolate Milk 8 Ounces \$0.50</b>               |  |  |   |  |  | <b>Alternatives</b>  |
|   |  |  |   |  |  |  |
| <b>Cup Fruit \$.50<br/>Vegetable \$.50<br/>Grain \$.50<br/>Protein \$1.00</b> | This Institution Meets Or Exceeds NYSED And SFSP Standards For Nutrition             | <b>Important Reminders:</b><br>* Canned Fruit: Peaches, Pears, Applesauce, Offered Everyday<br>* Romaine Lettuce Salad Offered Everyday<br>* Yogurt Meal Served With 1 Ounce Mozzarella Stick And Whole Grain<br>* Snacks Are Sold Monday, Wednesday, & Friday |   |  |  |  |